



# Timetable February 2019



JOE'S BOXING CLUB  
SYDNEY

DAY	TIME	DESCRIPTION	Level
Monday	4:00pm – 5:00pm	Kids Boxing	Kids 12 yrs <
	5:00pm – 6:00 pm	Youth Boxing	Youth 13yrs-19yrs
	6:00pm – 7:00pm	Boxing	Adult
	7.00pm - 8.00pm	Boxing Beginners	Adult
	8:00pm – 9.00pm	Beginners Sparring	Adult
Tuesday	10:30am - 11:30am	General Boxing Class	Adult
	3:00pm - 4:00pm	Reserved	Joe
	4:00pm – 5:00pm	Top Ten	By invitation
	5:00pm - 6:00pm	Youth Boxing	Youth 13yrs-19yrs
	6:00pm – 7:00pm	Boxing	Adult
	7.00pm - 8.00pm	Boxing	Adult
	8:00pm – 9.00pm	Advanced	Adult (Ready to Fight)
Wednesday	10:30am - 11:30am	General Boxing Class	Adult
	3:00pm - 4:00pm	Reserved	Joe
	4:00pm – 5:00pm	Kids Boxing	Kids 12 yrs <
	5:00pm – 6:00 pm	Youth Boxing	Youth 13yrs-19yrs
	6:00pm – 7:00pm	Boxing	Adult
	7.00pm - 8.00pm	Boxing Beginners	Adult
	8:00pm – 9.00pm	Advanced	Adult (Intermediate Sparring)
Thursday	10:30am - 11:30am	General Boxing Class	Adult
	3:00pm - 4:00pm	Reserved	Joe
	4:00pm – 5:00pm	Top Ten	By invitation
	5:00pm – 6:00 pm	Youth Boxing	Youth 13yrs-19yrs
	6:00pm – 7:00pm	Boxing	Adult
	7.00pm - 8.00pm	Boxing	Adult
	8:00pm – 9.00pm	Advanced	Adult (Advanced sparring)
	Saturday	8:00am - 9:00am	Boxing Adult
9:00am – 10:00am		Competitors	Adult (apply to Joe)
10:00am-11:00am		Top Ten	By Invitation
11:30am- 12:00pm		Kids Boxing	Kids 7yrs <
12:00pm – 1:00pm		Kids Boxing	Kids 12 yrs <
1:00pm – 2:00pm		Youth/Advanced Kids	Kids 12 yrs </Youth
2:00pm - 3:00pm		Induction Class	Adult
3:00pm - 4.00pm		General Boxing Class	Adult
4:00pm – 4.30pm		Women's Sparring	Adult