



Holiday Timetable 07/01/19 – 20/01/19



JOE'S BOXING CLUB
SYDNEY

DAY	TIME	DESCRIPTION	Level
Monday	4:00pm – 5:00pm	Kids Boxing	Kids 12 yrs <
	5:00pm – 6:00 pm	Youth Boxing	Youth 13yrs-19yrs
	6:00pm – 7:00pm	Boxing plus Fitness	Adult
	7.00pm - 8.00pm	Technical Boxing	Adult
	8:00pm – 9.00pm	Beginners Sparring	Adult
Wednesday	10:30am - 11:30am	General Boxing Class	Adult
	3:00pm - 4:00pm	Reserved	Joe
	4:00pm – 5:00pm	Kids Boxing	Kids 12 yrs <
	5:00pm – 6:00 pm	Youth Boxing	Youth 13yrs-19yrs
	6:00pm – 7:00pm	Boxing plus Fitness	Adult
	7.00pm - 8.00pm	Technical Boxing	Adult
	8:00pm – 9.00pm	Advanced	Adult (Intermediate Sparring)

www.joesboxing.com.au

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**Please make an appointment before attending your first class*