



JOE'S BOXING SYDNEY

JULY 2012



JOE'S BOXING CLUB
SYDNEY

WWW.JOESBOXING.COM.AU

20/118 QUEENS RD FIVE DOCK FIVE DOCK NSW

Please help make our Fight Night Special

Joe's Boxing Fight Night Sunday 30th September @ 7pm

We need to the following for the night to be a big success

1. *Participants especially but not exclusively those who are doing their black shirt test.*
2. *Sponsorship so that we can get the ring beforehand*
3. *Donations for prizes , raffles and auctions*
4. *As many friends and family that we can muster*
5. *Volunteers to help on the night*

In the coming weeks or so you will receive via email our sponsorship document plus other ways you can help donate to the night. Sponsorship is not restricted to members or associates so if your work or you know of anyone who would be interested in advertising on the night or with on-going sponsorship I would be only to happy to talk to them. As you will see I am offering the value of sponsorship back in starter memberships so it's a win win situation for sponsors. Thank you for those who have offered to donate prizes and goods. Even if you have already pledged can you please let me know in writing email or a note as I am notoriously bad at writing it down at the time and forget exactly who and what and don't wish to offend or trivialize your contribution by forgetting. Lana who has put together our marketing plan is in the USA till a week before the event so it would be great to get some help now so that we are all prepared when the event happens. I would like to raise enough money before the event so we can actually have the ring on the night and will be pre-selling tickets at a discount.



Coming Up

White Collar Boxing 20th July 20th from 7pm @ Randwick Labor Club—Will Doomadgee

General Grading white to red t-shirt Thursday 26th July 6pm & 7pm

Saturday 28th July @ The Ivy—Michelle

Rylstone spring training camp 1st –2nd September primarily aimed at those who will be fighting on our fight night later in September

Joe's Boxing Fight Night Sunday 30th September from 7pm we are fund raising for new competition size ring plus raising funds for charitable causes

Frenchman's Cap (1446 metres) is one of Tasmania's most distinctive peaks. This elegant, white quartzite dome, ice-sheared on its south-eastern side to reveal Tasmania's highest cliffs, attracts increasing numbers of bushwalkers, rock climbers. **Every year I want to do a challenging hike or climb including the Kokoda & Everest Base Camp but this year I want to attempt in Tasmania a walk called 'Frenchman's Cap'. This will be a very challenging walk being only 23km but apparently requiring 3-5 days to complete. If interested am planned for 21st—25th August 2012.**



In the big ring

AFTER stopping Bronco McKart in the seventh round of his first US fight, Anthony Mundine told the father of Floyd Mayweather face to face that he intends to beat his son. Floyd Mayweather snr and many of the jailed superstar's entourage, including rapper 50 Cent, were ringside in Las Vegas as Mundine dropped McKart three times within a minute to win by TKO. It was the first time McKart had been stopped since he lost to Kelly Pavlik in 2006 and only his third TKO in a 65-fight career spanning 20 years. As Mundine was being presented with the IBF North American middleweight belt, Mayweather snr entered the ring, and the 37-year-old former NRL star told him about his desire to fight Floyd jnr. "I want to get [Saul] Alvarez or [Miguel] Cotto. I think I won that fight easy, and if I beat one of them I have earned my shot. They have all got to meet one person who can conquer them, and I believe in my heart and my head, in my mind and my soul, that I can conquer him." However, Mayweather snr suggested Mundine would be no match for his unbeaten son, who is serving 87 days jail for domestic battery. "I think you might take Cotto if you want a better chance," Mayweather snr said. "I am telling the truth. Floyd is the man to meet if you want to get beat." After his fight, in his dressing room, Mundine had a visit from Eddie Murphy's brother Charlie, an actor and comedian, and also met 50 Cent. "As I was walking out we ran into him and [50 Cent] called me over," Mundine told AAP. "He realised I was Mundine because there was a lot of talk at their gym. I told him, 'I've got mad respect for Floyd, he's the best, but hopefully I'll beat some of the fighters and we'll fight.' And he said, 'Yeah, we'll talk, we'll do business.'"

Hall of Fame

Below listed are those who have been awarded Black Shirts at Joe's Boxing. I aim to upgrade our honour board with all who have achieved this standard

Adrian McCabe
 Andy Madden
 Ben Duffy
 Blake Shave
 Bruce Maddock
 Damien Dooley
 Daniel Midghall
 Diana Chirinos
 Emma Fitzwilliam
 Gaurav Sodhi
 Jonathan Walsh
 Leon Moran
 Lindsay Owen-Taylor
 Matt Conacher
 Michel Mazany
 Oscar Garcia
 Patrick Hofmeister
 Paul Sullivan
 Peadar Cullen
 Rachel Parmeter
 Salvatore Indovino
 Tory Virtu
 William Doomagee
 William McDonnell

The great mistake is to anticipate the outcome of the engagement, you ought not to be thinking of whether it ends in victory or in defeat.

-Bruce Lee

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In Our Ring - Congratulations to our Michelle Muchatuta on winning the Central NSW women's boxing title in Moree on the 19th June. The girls were the first headline act for a show anywhere and the whole town turned out if force. Michelle because of her African heritage was an instant hit with the local aboriginal kids who followed her everywhere. Michelle also fought recently 7th July in Woollongong and is fast making a name for herself in women's boxing steadily moving herself into the big league towards the Olympic dream.

Be Ready

William Oliver 1952-2004

William Oliver one of seven step brothers and sisters who rose from an impoverished family from Tennessee to become All American Karate Champion and my dear friend and mentor. So someone asked Oliver one day. Why do you train so hard?" - Oliver replied "I want to be ready"

Ready for what" - Oliver replied "I don't know but when it happens I will be ready"

The greatest lesson I have learnt after my years of training is that the combination of repetition ,patience then those rare moments where the penny drops out of nowhere then you get incredible progress until the next plateau . There is no fixed time and results vary from person to person. Although coaches and seminars can make a difference if you training is not grounded in repetition you will miss opportunities when they come.