



PRIMATIV WARRIOR & JOE'S BOXING



JOE'S BOXING CLUB
SYDNEY

FEBRUARY 2011

WWW.JOESBOXING.COM.AU

20/118 QUEENS RD FIVE DOCK FIVE DOCK NSW

A significant Milestone on the verge

We have had a great start to the year with some 35 people turning up the first night the largest boxing class ever and I wasn't here. Thanks to Will and Adrian and the other guys who chipped in allowing me to become superfluous for an extra two weeks. At this point I have added 35 people to the database as new students this year alone. In a few short weeks or less I will add the 2000th student to the database. I first introduced the database in 1999 and added about the 50 students that were active from 1997 when I purchased this location. For many years progress was slow, the area is not what it is today which is the leisure capital of the inner west. I have had three waves of success over the years with each peak surpassing the last then a change in business or partners saw a drop and subsequent rebuilding to a higher peak. We have had Karate, Pilates, dance, kickboxing and judo as other activities operating here with various levels of success. Now the focus on boxing with MMA and sword as cross training alternatives along with a significant increase in PT knowledge and manpower we are heading for a golden age and I'm sure a peak far surpassing all previous and now that I am in total control and have a great vision hopefully all up from here.

Opportunities to compete at all levels

For those who are thinking of doing a competition fight 2011 is looking like the year of opportunity. So far we have had about 35 sanctioned amateur fights collectively from Joe's Boxing since we first entered competition in 2009. The standard, sportsmanship and discipline of our students have made us very attractive to promoters and matchmakers along with the large pool comparatively of registered fighters.

We have been invited to put people at South's Juniors 8th march and as this is held on a monthly basis this will be a great way to clock up regular fights. This venue suits our younger and more experienced fighters as the opponents are mainly drawn from the pool of Sydney Pyc's which is still the powerhouse factory of amateur fighters with over 50 pyc's feeding into the system.

For those who are older or first time fighters the cornerman white collar charity night at our old favourite the cabana bar will be the perfect venue for our second tier or brand new fighters to get a taste and a 'record'.

My advice if you want to fight is show that you are serious obviously I would like you to take up a contender's membership allowing me to focus on your technique in a private lesson but at the very least get your ABA registration done asap and buy the competition uniform necessary plus groin cup and mouthguard.

I hear a lot of talk from people wishing to join and how they will train everyday but very few deliver on their promises. You don't need to train everyday just show me your steady commitment and willingness to learn and we will get you there.

Quick Calendar 2011

- State Titles at Fisho's 18-20th February.
- Boxing Australia Nationals 3-5th March
- South's Juniors Fight Night Tuesday 8th March
- General Grading Thursday March 24th 7.30pm
- Cornerman White collar charity contest Cabana Bar June TBA

ABA Registrations

Boxing NSW has raised the price of registrations to \$80 per adult and \$50 per junior. I add another \$10 as I send by registered post both ways for quick turnaround. I expect competitors to purchase from me the Joe's boxing shorts and Joe's boxing red and blue competition singlet. I am offering these for \$60 for all three items or \$50 for shorts and \$15 per singlet. It is important for the school and yourselves that you have proper uniform. Besides the medical giving you the 'fit to box' stamp you need for boys a groin cup and girls a breast protector and a mouthguard is mandatory. Boys must be clean shaven. These rules are not flexible.

Timetable Changes

I have changed the morning sessions on Tuesday , Wednesday & Thursday to be at 10.30am then 12.30pm allowing continuity within classes opening lunchtime classes and also allowing private lessons to be slotted in at 9.30am, 11.30am, 1.30pm or 2pm. Although the timetable says March it has effectively already been implemented as from the 14th February. **No changes** to 3pm, 5pm, 7pm or 8pm or Saturday 8am, 3pm

PT @ \$1 per minute

Will & Adrian now available for Personal Coaching for \$1 a minute \$30 = 30 minutes

Take your training to the next level



**In the big ring
Reviews of fights past**

Vic Darchinyan paid us another surprise visit the other day and talked of his recent split decision loss which is now before the courts and has a lot riding on his next fight in April. Vic has not had the recognition in Australia he deserves and we are proud to be his fans and will be hoping for a knockout victory in April.

Vic Darchinyan vs. Yohny Perez

It was part of a four-man bantamweight tournament, with the defeat sending Darchinyan into an April 23 clash in Los Angeles with Colombia's former IBF world champion Yohnny Perez, who lost

Wood vs. Mundine Rematch

Middleweight contender Anthony Mundine (40-4, 24KOs) will get a chance to get revenge of Garth Wood (10-1-1, 6KOs). An agreement was reached for a rematch on April 13 at the Brisbane Entertainment Centre. Last December, Wood pulled off a major upset by stopping Mundine in five rounds. If Wood were to win again, Mundine admits that he might retire from the sport of boxing.

"It could be (the end), man," he said to AAP. "Right now I'm only looking at short-term goals. I was looking above and beyond too much in the past. I've got to be victorious. I've got one purpose, one goal and that is to win. If the last fight didn't wake me up then nothing will." Mark Vester

Project Bourke

Kaizen is the Japanese word for little steps and is often used in business lectures as the term for continuous improvement within corporations. It is also the term I use for my Bourke dream.

I now have secured three acres of vacant residential land and over Christmas I made initial steps in clearing the properties.

I have expanded my vision from just being boxing and martial arts to encompass art and vocational skills something the indigenous community really needs for their youth.

One of the things I am being careful to do is not rush into putting up my structures without gaining the trust and developing relationships with those around me including providing casual work in cleaning up these properties and then turning them into places where kids can safely play.

I had much success with a simple bow and arrow in the park next to my place a veritable kids magnet who would queue up and put up with my lectures for a chance to accidentally put holes in a fence if I allowed them to.

Rani meets Johnnie

I know I can't help myself but I guess its just another way that makes Joe's different why? because I can ! BTW Rani is doing fine and loving Sydney!



The photo is taken from the Bourke Wharf of the Darling River which flows through Bourke collecting water from Queensland and taking all the way to South Australia to the sea. Currently the river is some 500meters wide at least. Many locals are on jet - skis jumping fences and avoiding power lines.

