



Primitiv Warrior

JOE'S BOXING SYDNEY

## FEBRUARY 2013



JOE'S BOXING CLUB  
SYDNEY

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20/118 QUEENS RD FIVE DOCK FIVE DOCK NSW

### *What will you do in 2013?*

I have a lot of Facebook 'friends' who are PT's or bodybuilders and they love to post those 'when its tough that's when it counts' type stuff picturing some over muscled bloke or sexy chick implying somehow that doing the extra set of dumbbells relates to life and that when tragedy strikes that this will give you the strength needed to get you through hard times. I used to be the same and sprout slogans like 'Never give up' and 'No quit' then one day I did fall over and quit I was devastated and ashamed. The clichés in boxing are probably the most extreme 'getting up off the canvas' etc. if this was true Jeff Harding should be president. We all have a breaking point and what might be fine for one person may destroy another and vice versa. When we experience true hardship and tragedy it's horrible and we just get through it the best we can and the only thing that will keep most of us going is 'HOPE'. So when you are making your new years resolutions make them small say if you smoke maybe try and cut down but don't become disheartened if you fall off the wagon every now and then. Smoking is not child abuse in fact it may even arrest the possibility of child abuse at certain critical moments, parents will know what I mean. The same applies to boxing so getting off the couch after watching Daniel Geale and deciding you want to be the next world champion is admirable but probably destined to fail better I think to say I would like to know the skills of boxing to better appreciate him and then see where it takes you. Society's obsession with beautiful bodies doesn't mean they know what they are talking about they just are lucky that at this time of their lives to be able to indulge their obsession.

### *Coming Up*

*February 12th South's Juniors*

*March 15th Randwick labor club—5 fighters from here*

*March 21st General Promotion White to Black Shirt*

*March 29th—31st Rylstone end of summer camp*

*April 6th Bondi Junction RSL Maydad's Mayhem—3fighters from here*

*June 9th Amok Knife defense & attack seminar Malcolm Ayles from Geelong*

### **Rylstone 2013**

Most of the Christmas holidays I spent working at the retreat to improve amenities and clean up the camp area plus clear existing fire trails and create new tracks and climbing routes around the cliffs and also spots to set up a permanent abseiling course. I also recycled our old boxing ring (see below) complete with spiral staircase and viewing platform. Students are expected to attend one training camp before going for their black shirt promotion. Ask anyone who has been awesome experience!



### Daniel Geale vs. Anthony Mundine II—January 30th 2013

Daniel Geale has secured a dramatic and see-sawing 116-112, 117-111 and 117-111 unanimous points victory over Anthony Mundine at the Sydney Entertainment Centre. In front of a packed house, in the most anticipated Aussie boxing event in years, Geale proved he is the 'Real Deal'. In the first meeting between these two, back in 2009, Mundine won a controversial split decision over Geale. In the rematch in early 2013, Geale was quicker, stronger and was a harder target for Mundine to hit – showing signs of his previous victories over some of the best in the Middleweight division. In the first round, Geale started well, looking fast and slick than in previous bouts. Mundine was more of the aggressor with Geale showing some fancy footwork. Geale started to mix his punches up well while Mundine mostly relied on his jab early. Geale smiled often and seemed to enjoy the occasion – taunting Mundine with his 'easy' attitude. Mundine was warned repeatedly by the referee for the use of his head, which seemed unfair, but this didn't trouble Geale. The Tasmanian stuck to his game-plan – constant movement, using angles and throwing tons of punches from all sides. Mundine's game plan seemed ineffective as he was unable to land consistently. Geale continued to mix up his punches and even slipped into a southpaw stance at times. He rarely let the pressure off Mundine, but he switched up his display often so that Mundine struggled to get into a rhythm. Geale was ahead early but Mundine appeared to fair better in the middle rounds. Towards the final rounds, Geale upped the ante and continued his amazing work rate. He stunned Mundine on several occasions and landed many scoring punches. 'The Man', to his credit, continued to keep Geale honest with some accurate jabs. With echoes of their 2009 clash it was close, it was tight but the difference this time was that Geale was a better fighter. A changed man in the past four years. Mundine was good but couldn't go to another level-Roar

#### BABY TALK

We have a first for Joe's Boxing this year with Will & Diana announcing their engagement and also a little boxer on the way. Will and Diana met here at the gym and have both competed under the Joe's Boxing banner. I'm guessing they will be wishing they were back in the ring rather than washing nappies but don't forget folks that's what you get folks ... Congratulations!

#### INSTRUCTORS WANTED

*I am looking for at least two more students to become instructors experience not necessary just the ability to commit to the same time each week and I will provide training and guidance. Your rewards are mainly in heaven but I will do some private lessons with you for free. The classes I have in mind are mainly weekdays 5pm, 6pm or 7pm but it would also be nice to have go to backup for weekend classes as well. Please don't be shy talk to me anytime*

#### KNIFE DEFENCE SEMINAR

A good friend of mine who is a top professional martial arts teacher in Geelong has offered to teach a seminar of knife attack and defence in an art called AMOK which is a blend of well known knife fighting arts originating from the Philippines and is taught to special forces around the world. Knives are simply the most dangerous weapon seminar date 9th June.

### PHILOMENA THE CRAZY NINJA LIZARD

This is a crazy true story! Philomena my eastern bearded dragon escaped from around my place in Bourke 900km from Sydney four months ago I just found her on the track at my other place in Rylstone 600km away from where I lost her. I realized now she must have crawled up under the car on that day and I have travelled over 5000km with her in my undercarriage back to Sydney then back to Bourke. On Thursday night I hit a Roo which went under the car which may have dislodged her but it was still 20km away and 2 days earlier from where I found her. She had shutdown and I thought near death but after a couple hours drawing warmth from me she sprung back to



life, she has a swollen eye and a blood lip but reckon she will be up and running soon and keeping the cockroach population in check. As this is the second time she has been lost for months am hopeful she will repent her Ninja ways .